

Institute of Physical Medicine

& Sports Therapy, Inc.



Preseason Balance Concussion Baseline Testing

Name _____ Age ____ Grade FR SO JR SR

Cell Phone _____ Email _____

Physician's Name _____ Sport _____

Position(s) _____

History of concussions yes no If yes, dates of injury _____

Signature _____ Date _____

The Biodex Balance Assessment is a clinical test of sensory integration of balance (CTSIB), which helps to assess all three sensory feedback systems (visual, vestibular and somatosensory). This component of the concussion management protocol is not intended to replace the physician evaluation that is necessary for an athlete to return to competition following any injury, including a concussion. The IMPACT testing is also a component that may be used for return to play, depending on the high school athletic department's policy. For further explanation or understanding of the Biodex Balance assessment for concussion management, refer to www.biodex.com. By signing below, student and parent/guardians release and hold harmless Institute of Physical Medicine & Sports Therapy Inc. and staff from any and all liability, claims, cause of action, damages and demands of any kind whatsoever that student/athlete may have for any and all damages, including personal injury to the student, that may arise out of or in connection with student's participation in interscholastic athletics.

Parent/legal Guardian Signature

Date

Student Signature

Date

Manual Therapy

Physical Therapy

Post-op Rehabilitation